

# Culver CITY LIVING

A GUIDE TO RECREATION AND SPECIAL EVENTS

SUMMER 2024



EARLY LEARNERS Page 10 AQUATICS Page 22

# City Information



## Parks, Recreation & Community Services - Department Numbers

Recreation Office .....	(310) 253-6650
Municipal Plunge .....	(310) 253-6680
Senior Center .....	(310) 253-6700
Teen Center.....	(310) 253-6676

## Parks, Recreation & Community Services - Commission

Palvi Mohammed .....	Chair
Jane Leonard .....	Vice Chair
William Rickards.....	Commissioner
Khary Cuffe.....	Commissioner
Crystal Alexander.....	Commissioner



Fiesta La Ballona circa 1951

## Other Important City Phone Numbers

Animal Control .....	(310) 253-6143
Building and Safety .....	(310) 253-5800
Business License (Recorded Info).....	(310) 253-5888
City Clerk .....	(310) 253-5851
CityBus.....	(310) 253-6500
CityBus Route Info.....	(310) 253-6510
Code Enforcement .....	(310) 253-5940
Cultural Affairs .....	(310) 253-5716
Disability Services .....	(310) 253-6727
Film Permits.....	(310) 253-6216
Finance Department.....	(310) 253-5850
Fire Department Administration.....	(310) 253-5900
Fire Prevention/Fire Marshal .....	(310) 253-5925
Graffiti Removal Hotline.....	(310) 253-5555
Housing Division .....	(310) 253-5780
Neighborhood Watch.....	(310) 253-6258
Personnel Dept./Job Hotline .....	(310) 253-5651
Planning Division.....	(310) 253-5710
Police Department/Non-Emergency.....	(310) 837-1221
Redevelopment Agency.....	(310) 253-5760
Sanitation/Recycling.....	(310) 253-6400
SPCLA.....	(310) 676-1149
Street Lights/Traffic Signals .....	(310) 253-6433
Street Permits.....	(310) 253-5600
Street/Sewer Maintenance .....	(310) 253-6440
Traffic Management.....	(310) 253-5600
Trees.....	(310) 253-6428

www.culvercity.com

## City Officials

Yasmine-Imani McMorris - Mayor  
 Dan O'Brien - Vice Mayor  
 Göran Eriksson - Councilmember  
 Freddy Puza - Councilmember  
 Albert Vera - Councilmember

John Nachbar- City Manager

(310) 253-6000

[www.culvercity.org/city-hall/city-council](http://www.culvercity.org/city-hall/city-council)

City Elected and Appointed Officials can be reached by mail at City of Culver City, PO Box 507, Culver City, CA 90232-0507

## City Meetings

Indoor masking continues to be suggested for vaccinated and unvaccinated individuals at any indoor in-person meeting of City Council and City Commissions, Boards and Committees. Call for actual location.

[City Council](#).....(310) 253-5851

[Civil Service Commission](#).....(310) 253-5640

[Cultural Affairs Commission](#)..... (310) 253-5716

[Equity & Human Relations Advisory Committee](#)..... (310) 253-5640

[Parks, Recreation & Community Services Commission](#)..... (310) 253-5640

[Planning Commission](#)..... (310) 253-5741

[Committee on Permits and Licenses](#)..... (310) 253-5870

[Landlord Tenant Mediation Board](#)..... (310) 253-5780

[Committee on Homelessness](#)..... (310) 253-5780

[General Plan Advisory Committee](#)..... (310) 253-5740

[Disability Advisory Committee](#)..... (310) 253-6722

## ABOUT CULVER CITY

Culver City is a five-square-mile, urban community of approximately 40,000 residents, incorporated in 1917. The city is particularly known for its well-run public school system, “small town” charm, and growing high tech, creative economy. Culver City is filled with outdoor cafes, unique shops, and galleries opening onto pedestrian-friendly boulevards and provides a full range of municipal services including Fire, Police, Community Development, Transportation, Public Works, and Parks, Recreation and Community Services.

# Culver CITY LIVING

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## REGISTRATION PROCEDURE FOR CITY PROGRAMS

Classes must be paid for in full prior to the first class meeting. Enrollment may be completed at the Registration Office or online at [www.culvercity.org/active](http://www.culvercity.org/active). We accept cash, money orders, checks, VISA or MasterCard. Credit cards must be presented in person or saved to your ActiveNet account.

## REGISTRATION DATES

Residents: April 1, 2024  
Non - Residents: April 8, 2024



## CREATE AN ACCOUNT ON-LINE

1. Visit [www.culvercity.org/active](http://www.culvercity.org/active).
2. Click on the "create an account" in the upper right corner.
3. Enter your email address in the box.
4. Click on the green box that says "Next".
5. Enter your first name, last name, date of birth, create a password and confirm your password. Check the two boxes.
6. Click on the green box that says "Next".
7. Enter your gender, address and phone number.
8. Create your security question, fill in your answer and then confirm your answer.
9. Check the "I'm not a robot box".
10. Click on the green box that says "Submit".

## REGISTER FOR A CLASS OR ACTIVITY ONLINE

1. Login at [www.culvercity.org/active](http://www.culvercity.org/active).
2. Click on the "Activities" link- the second word on the gray bar below the green logo/picture.
3. If you know the name of the course you would like to register for, enter it in the search bar.
4. If you would like to browse the activities we are offering, you can search by date, age group, or program area using the side bar or the drop down menu under the activities link in the gray bar at the top of the page.
5. Select the course dates and times you would like to enroll in and add them to your cart.
6. Enter the participant's information or choose your participant.
7. Read the waiver and initial the box next to it.
8. Enter your payment method.

## HAVE ANY QUESTIONS, SUGGESTIONS OR CONCERNS?

- Give us a call: (310) 253-6650
- Visit us online: [www.culvercity.org](http://www.culvercity.org)
- Email us: [info.recreation@culvercity.org](mailto:info.recreation@culvercity.org)
- Register for programs: [www.culvercity.org/active](http://www.culvercity.org/active)
- Report any issues or concerns: [www.culvercity.org/contact-us](http://www.culvercity.org/contact-us)

## REFUND INFORMATION

### GENERAL REFUND GUIDELINES:

All refunds must be requested at [www.culvercity.org/refund](http://www.culvercity.org/refund). Refunds will be issued either in the form of a credit to your Culver City ActiveNet account, back to the card of purchase or by check. Check refunds may take up to 2-6 weeks to process. Refunds issued back to the card of purchase or to your Culver City ActiveNet account may take up to 72 hours to process. Full refunds will be extended when a program or rental is canceled by the City.

### PROGRAMS AND ACTIVITIES REFUND GUIDELINES:

- No refunds, transfers, or cancellations will be granted after the second activity/program day.
- Refunds/prorations will not be given for missed days nor may they be made up due to participant illness or absence.
- Refunds requested at least 7 days prior to the start of an activity will be granted a full refund.
- Refunds requested 6 days prior to and/or before the second activity/program day will be issued a refund less a 15% processing fee.

### OUTDOOR RENTALS REFUND GUIDELINES:

- There will be no refunds for any cancellations or rescheduling of a rental without 7 days' notice.
- Refunds requested at least 7 days prior to the rental will be granted a refund less a 15% processing fee.

### BUILDING RENTALS REFUND GUIDELINES:

- There will be no refunds for any cancellations or rescheduling of a rental without 14 days' notice.
- Refunds requested at least 14 days prior to the rental will be granted less a 15% processing fee.

### RESCHEDULING GUIDELINES:

- Location/date/time changes can be made up to 7-14 days prior to rental for an additional 15% processing fee.
- The new rental must be booked at the time of cancellation of the original rental.
- The rescheduled rental must take place within 90 days of the original reservation date.
- There will only be one rescheduling allowed per rental.
- Refunds will not be granted in the event the rescheduled rental is canceled.

## RESIDENT / NON-RESIDENT STATUS

You can verify if your home address falls within Culver City boundarie. Please visit <https://gisproxy.culvercity.org/Html5Viewer/index.html?viewer=ExternalInfo.ExternalInfo> and use the search box in the upper right hand corner to look up your property address.

\*Programs and prices are subject to change.



Saturday,  
**March 23, 2024**  
9:00 AM - 12:00 PM

Veterans Memorial Park  
4117 Overland Ave  
Culver City CA 90230

REGISTER FOR FREE AT:  
[WWW.CULVERCITY.ORG/EGGSTRAVAGANZA2024](http://WWW.CULVERCITY.ORG/EGGSTRAVAGANZA2024)




*Mother's Day Tea*

*Treat your loved one with this special day!*

Saturday,  
**May 11, 2024**  
11:00 AM - 1:00 PM

• FOOD  
• CRAFTS  
• MUSIC

**\$25**

Veterans Memorial Complex  
*Rotunda Room*  
4117 Overland Ave  
Culver City CA 90230



Culver CITY

# FIESTA LA BALLONA

## SAVE THE DATE

### VETERANS PARK

### AUGUST 23 - AUGUST 25





**CCARP**

CCARP is a fee-based program run by Culver City Parks, Recreation and Community Services staff which provides supervised recreational activities, including homework time, arts and crafts, games, and free play. The program serves elementary school-aged students at the program sites listed below who attend full-day school programs. Priority registration for currently registered participants.

Program Information  
Ages: 5-12  
Days: Monday- Friday  
Dates: August 21, 2024 - June 13, 2025  
Time: Afterschool to 6:00 pm

We follow CCUSD school calendar including holidays. The program is not offered on pupil-free days and holidays. CCARP is closed during winter, spring, and summer recesses. Instructor: PRCS Staff

- Locations:
- Blanco (El Rincon Elementary)
  - El Marino
  - Lin Howe
  - Lindberg (Farragut Elementary)

Informational Webex meeting on April 24 at 6:30pm. Please email [youthprograms@culvercity.org](mailto:youthprograms@culvercity.org) for the link to attend.



**YSE Afterschool Middle School : Aug/Sep**

The YSE After School Program focuses on team-building and sport skills. YSE participates in fun and learning through sports, games, music, and fitness activities that develop sport skills, teach good sportsmanship, refine body movement and coordination, and reinforce health and wellness values. Academics are also important and homework assistance is offered.

Ages: 11-15  
Dates: 8/21/2024 - 9/30/2024  
Days: Monday - Friday  
Time: 2:15 pm - 6:00 pm  
Location: Culver City Middle School  
Activity # : 39442  
Instructor : Coach DJ & YSE Staff  
Resident Fee : \$390  
Non-resident fee : \$401  
Material Fee : \$30 (optional for daily snack)

Note: Monthly fees are adjusted to account for school holidays, pupil free days and breaks. YSE schedule will follow CCUSD school calendar and start time in line with the school dismissal/bell schedule.





## TEEN CENTER PROGRAMMING

**MAY- Mental Health Awareness Month.**

The Teen Center will have a 45 minute presentation from the Children's Burn Foundation regarding teen burn awareness. They will cover topics such as the difference between first, second and third-degree burns, what a scald is vs. a contact burn and how carelessness plays a role in teen burns. Planning is in the works for an Arson investigator to attend and speak as well! Teens will be able to ask questions, view the display board, and have one-on-one conversations with the presenters. Event is free; however advance registration is required on ActiveNet.

Ages:13 -17  
Date : 5/14/2024  
Time :3:45 PM - 6:00 PM  
Location: Culver City Teen Center

## The Kindness Rocks Project

Teen Center will be doing our own version of "The Kindness Rocks Project" by using acrylic markers to write inspiring messages onto small rocks to spread kindness! A great quote from The Kindness Rocks Project is, "Take one when you need one, share one with a friend who needs some inspiration, or leave one for another. A message at just the right moment can change your whole day, outlook and life." We look forward to having our participants have fun with this uplifting activity! All materials will be provided. Event is free; however advance registration is required on ActiveNet.

Ages:13 -17  
Date : 5/21/2024  
Location: Culver City Teen Center

## Summer Paint Off - JUNE

The Teen Center will have a free "Summer Paint-Off" in anticipation of school ending and summer beginning! The teens will have a painting workshop for how to paint on a canvas, and then they will paint their own canvas - either standing at an easel or sitting down. All supplies will be provided. The teens will be able to donate their canvases to the Teen Center to be displayed or keep them. Event is free; however advance registration is required on ActiveNet.

Ages:13 -17  
Date : 06/11/2024  
Time : 3:45 pm - 6: 00 PM  
Location: Culver City Teen Center  
More summer activities to come! Sign up for our contact list by emailing [youthprograms@culvercity.org](mailto:youthprograms@culvercity.org)



## ABOUT THE TEEN CENTER

The Teen Center serves high school and middle school students. We pride ourselves on continuing the dream of our founders: being a positive outlet for youth in Culver City! Staff provide a safe, inclusive, and supervised drop-in program for students who live in Culver City or attend a Culver City Unified school. We offer a variety of services during the school year.

**Hours of Operation:** During the school year, the Teen Center is open Mondays, Tuesdays, Thursdays and Fridays from 2 PM to 6:30 PM. On Wednesdays, the Teen Center is open from 1 PM - 6:30 PM. \*\*\*\* The Teen Center is not open during school holidays, summer, winter, and spring breaks!\*\*\*\*

**Teen Center Location:** 4153 Overland Ave, Culver City, CA 90230

**Membership Fee:** \$50 per semester for each student. Purchasing a membership is fast and easy. You can register online at [www.culvercity.org/active](http://www.culvercity.org/active) or in person at the Culver City Registration Office located at 4117 Overland Avenue. Please call (310) 253-6676 for more information.

**Teen Employment:** The PRCS department regularly hires young adults ages 15 and older with a valid work permit for our introductory position of Recreation Leader I and those age 16 and older as Lifeguards. These valuable members of our team are vital support for our various programming: afterschool, day camps, aquatics, special events and more!

**Teen Leadership Committee:** Learn more about your community through volunteering + enjoy rewards for your hard work at the Teen Center!



# Calling all volunteers!



## Teen Center Leadership Committee

- Year round experiences
- Learn more about your community
- Give back to your local community
- Snacks, rewards, & celebrations

## Summer Volunteer

- Work in a fun environment
- Gain experience
- Fulfill required hours
- Flexible scheduling

for more information  
[Info@culvercity.org](mailto:Info@culvercity.org)  
310.253.6650

## TRANSITIONAL TODDLERS- SESSION #1

The world is a playground for active, energetic 1 and 2-year-olds. Channeling that enthusiasm into opportunities for growing, learning, building independence, and achieving success is the design of this unique educational program. Our parent and me classes offer our 1 and 2-year-old learners a fun curriculum for milestone development, interactive, hands-on learning experiences, fun arts & crafts and music and movement.

Activity #: 39115  
 Instructors: Mari Davis and Michaela Davis  
 Location: Syd Kronenthal Park  
 Material Fee : \$25.00

Dates	Days	Times	Ages
7/15 - 7/24	M/W	11:00 AM -11:45 AM	1-2

## TRANSITIONAL TODDLERS- SESSION #2

The world is a playground for active, energetic 1 and 2-year-olds. Channeling that enthusiasm into opportunities for growing, learning, building independence, and achieving success is the design of this unique educational program. Our parent and me classes offer our 1 and 2-year-old learners a fun curriculum for milestone development, interactive, hands-on learning experiences, fun arts & crafts and music and movement.

Activity #: 39116  
 Instructors: Mari Davis and Michaela Davis  
 Location: Syd Kronenthal Park  
 Material Fee : \$25.00

Dates	Days	Times	Ages
8/5 - 8/14	M/W	11:00 AM -11:45 AM	1-2



## KIDS TIME: SUMMER

This program provides a nurturing environment for kids. Children will participate in creative art, music, movement and play activities designed to develop motor skills, self-awareness and independence in an environment that is full of fun. Children will be introduced to their ABC's, phonics, numbers along with simple math concepts through play and hands on activities.

Instructor: Poonam Sharma  
 Location: Blanco Park  
 Materials Fee: \$20 per month.  
 Notes: Kids must be potty trained.

Dates	Days	Times	Ages
7/1-7/31	M/W	9:30 AM - 12:00 PM	2 ½ - 6

No Class 7/4\*

## KIDS TIME: FALL

This program provides a nurturing environment for kids. Children will participate in creative art, music, movement and play activities designed to develop motor skills, self awareness and independence in an environment that is full of fun. Children will be introduced to their ABC's, phonics, numbers along with simple math concepts through play and hands on activities.

Instructor: Poonam Sharma  
 Location: Blanco Park  
 Material Fee : \$20  
 Note: Kids must be potty trained.

Dates	Days	Times	Ages
9/2 - 9/30	M/W or T/TH	9:30 AM-12:00 PM	2 ½ - 6
10/1 -10/31	M/W or T/TH	9:30 AM-12:00 PM	2 ½ - 6
11/4 - 11/28	M/W or T/TH	9:30 AM-12:00 PM	2 ½ - 6



## 1st CLASS PREP PRE-K: SEPTEMBER

Monthly

1st Class Pre-K's program is designed to provide children 2 ½ - 6 with a loving, safe, diverse and stimulating environment where everyone feels relaxed and ready to learn through play. Class time and special activities are planned according to themes designed to meet the individual needs of children during this active time of growth and development. Our zoophonics curriculum encourages an enthusiastic and receptive attitude toward school, with an emphasis on Kindergarten. Activities, which include an introduction to Spanish, letter and sound recognition, shape and number recognition, cooking, math, reading and art, are centered around seasonal themes. Students must be potty trained. Please provide a healthy lunch. A morning snack will be provided.

Instructors: Mari Davis and Michaela Davis  
 Location: Syd Kronenthal Park  
 Dates: 9/3-9/27

Material Fee: A non-refundable material fee of \$250 is due September and January in class. Students who start in the months in between will pay a prorated material fee.

Days	Times	Ages	Fees	
			Resident/	Non Resident
M - F	8:00 AM - 1:00 PM	3½ - 4½	\$999/\$1010	
M - F	9:00 AM - 1:00 PM	3½ - 4½	\$832/\$843	
M/W/F	9:00 AM - 1:00 PM	3½ - 4½	\$676/\$687	

## BEYOND PRE-K In Spanish: AUGUST

Help your child learn a second language in Spanish at an early age! Our hands-on immersion program is taught by trained native speakers with college degrees in Child Development and Education from the U.S and Mexico. The Spanish language is introduced through multi-sensory activities that stimulate children's natural curiosity and creativity and with the goal to foster life-long learning, the development of motor skills, self-expression, empathy and exposure of diverse cultures to adapt to this globally changing world. Class meets continuously within the CCUSD schedule.

Please pack a healthy lunch. Child must be potty trained.  
 Instructors: Beyond Pre-K Staff  
 Location: Culver West Multi-Purpose Room  
 Dates: 8/21-8/24  
 Activity #: 39562  
 Material Fee: two-time fee of \$650 to cover supplies and extracurricular activities.

Days	Times	Ages	Fees	
			Resident/	Non Resident
Mon - Thu	9:00 AM - 2:00 PM	3½ - 4½	\$1082 / \$1093	
Fridays	9:00 AM - 12:30 PM	3½ - 4½	\$1082 / \$1093	

Notes: It is mandatory to contact teachers prior to enrollment at [beyondpk@gmail.com](mailto:beyondpk@gmail.com). Children need to be able to listen and follow directions for safety.

## BEYOND PRE-K In Spanish Aftercare: AUGUST

Aftercare program for Beyond Pre-K in spanish participants only.

Designed especially for parents who would like their children to continue practicing vocabulary built up and conversational Spanish through play, games, and story-time to promote socialization, problem solving and conflict resolution in a fun and multi-cultural environment.

Child must be potty trained. Class meets continuously within the CCUSD schedule.

Instructors: Beyond Pre-K Staff  
 Location: Culver West Multi-Purpose Room  
 Dates: 8/21 -8/30  
 Activity #: 39563

Notes: It is mandatory to contact teachers prior to enrollment at [beyondpk@gmail.com](mailto:beyondpk@gmail.com). Children need to be able to listen and follow directions for safety.

Days	Times	Ages	Fees	
			Resident/	Non Resident
Mon- Thu	2:00 PM - 3:45 PM	3½ - 4½	\$150 /\$161	
Friday	12:30 PM -3:45 PM	3½ - 4½	\$150 /\$161	





# Youth Sports and Recreational Activities

## PINTSIZE SOCCER

Resident: \$123      Non-resident: \$134

This class is designed as an introduction to soccer and prepares children for organized sports league play in a fun, positive environment. Children will learn and practice a variety of soccer skills such as dribbling, kicking, passing, trapping, throwing, and agility. They will also learn how to work within a team, the basic rules of the game and much more. Parents are encouraged to participate and must stay for the duration of the class.

Location: Carlson Park  
Instructor: Sarah Miller

Dates	Days	Times	Ages
5/25 - 6/29	Saturdays	9:30 AM - 10:15 AM	4-7
5/25 - 6/29	Saturdays	10:20 AM - 10:50 AM	2-4
7/20 - 8/17	Saturdays	9:30 AM - 10:15 AM	4-7
7/20 - 8/17	Saturdays	10:20 AM - 10:50 AM	2-4

Note: Participants should bring their own soccer ball with their name on it. Parents are encouraged to participate and must stay for the duration of the class.

## PINTSIZE TEE BALL

Resident: \$123      Non-resident: \$134

This class is designed as an introduction to Tee Ball and prepares children for organized sports league play in a fun, positive environment. Children will learn and practice a variety of baseball skills such as throwing, catching, hitting with a bat, running bases, and agility skills. Coaches will teach the basic rules of the game while emphasizing teamwork.

Location: Carlson Park  
Instructor: Sarah Miller

Dates	Days	Times	Ages
5/25-6/29	Saturdays	10:55 AM-11:40 AM	3 - 6
7/20 - 8/17	Saturdays	10:55 AM - 11:40 AM	3 - 6

Note: Adults are encouraged to participate and must stay for the duration of the class.



# Youth Art, Dance, and Music Programs



## CHILDREN'S PIANO: BEGINNING

Resident: \$218      Non-resident: \$229

A solid foundation in the fundamentals of playing piano is offered by a teacher with many happy years of working with children of all ages. Students must bring their own keyboard to class.

Activity #:39977-39981  
Instructor: Jennifer Macchiarella  
Location: Teen Center  
Material Fee: \$20

Dates	Days	Times	Ages
7/13 - 9/14	Saturdays	8:45 AM - 10:00 AM	5 - 17
7/13 - 9/14	Saturdays	10:00 AM - 11:00 AM	5 - 17

No Class \* 8/24

## CHILDREN'S PIANO: CONTINUING

Resident: \$218      Non-resident: \$229

A solid foundation in the fundamentals of playing piano is offered by a teacher with many happy years of working with children of all ages. Students must bring their own keyboard to class.

Instructor: Jennifer Macchiarella  
Location: Teen Center  
Material Fee: \$20 due on the first class.

Dates	Days	Times	Ages
7/13- 9/14	Saturdays	11:15 AM - 12:15 PM	5 - 17
7/13- 9/14	Saturdays	12:30 PM - 2:00 PM	5 - 17
7/13- 9/14	Saturdays	2:00 PM - 3:30 PM	5- 17

## DEE-LIGHTFUL - MUSICAL THEATER WORKSHOP KIDS- 7-14

COME AND ENJOY A WONDERFUL DEE-LIGHTFUL PRODUCTION



Thursday May 9th & Friday May 10th at 7:00 pm.  
(Pre-show at 6:30 pm)

Saturday May 11th matinee at 2:30pm  
(Pre-show at 2:00pm)

At Veterans Memorial Building in Culver City.



REGISTER @ [WWW.CULVERCITY.ORG/ACTIVE](http://WWW.CULVERCITY.ORG/ACTIVE) • FOR MORE INFORMATION (310) 253-6650



# Youth Sports and Recreational Activities

## THE SKATESIDE - ROLLER SKATE- BEGINNER

THE SKATESIDE roller skating program at the skatepark is perfect for beginners. It's a non-intimidating class that offers a supportive environment for learning. In this program, beginners will learn essential skills: how to balance on skates, how to stop safely, how to turn and more. Join us and gain the confidence to skate like a pro! Participants must have a helmet, wrist guards, elbow pads, knee pads, and roller skates.

Instructor: The Skateside Staff  
Location: Culver City Skate Park

Dates	Days	Times	Ages	Fees Resident/ Non Resident
6/2 -6/30	Sundays	9:00 AM - 10:20 AM	5 - 15	\$269/\$280
7/7 - 7/28	Sundays	9:00 AM - 10:20 AM	5 - 15	\$269/\$280
8/4 - 8/18	Sundays	9:00 AM - 10:20 AM	5 - 15	\$223/\$233

Note: Wrist guards, Knee pads, elbow pads and helmet ARE MANDATORY! An email will be sent out with rules and safety protocols.

## THE SKATESIDE : ROLLERSKATE - INTERMEDIATE

Take your roller skating skills to the next level and learn advanced skills like skating backwards, crossovers, jumps, and how to skate down larger ramps. Students should be able to navigate the skatepark comfortably and do basic beginner tricks. Great for friends and siblings! This is a monthly class. Skatepark is reserved for enrolled students during program time.

Instructor: The Skateside Staff  
Location: Culver City Skate Park

Dates	Days	Times	Ages	Fees Resident/ Non Resident
6/2- 6/30	Sundays	10:30 AM - 11:50 AM	5 - 16	\$269/\$280
7/7 - 7/28	Sundays	10:30 AM - 11:50 AM	5 - 16	\$269/\$280
8/4 - 8/18	Sundays	10:30 AM - 11:50 AM	5 - 16	\$223/\$233

Note: Wrist guards, Knee pads, elbow pads and helmet ARE MANDATORY! An email will be sent out with rules and safety protocols.



# Youth Sports and Recreational Activities



## THE SKATESIDE - AFTER SCHOOL BEG/INT SKATEBOARD

THE SKATESIDE after school skateboarding program at the skate park is perfect for beginners and experienced skaters alike. Participants will learn essential skills such as balance, coordination, and proper technique. This program is a great opportunity to improve your skills and have fun in a safe and supportive environment. Join us today and discover the joys of skateboarding!

Instructor: The Skateside Staff  
Location: Culver City Skate Park

Note: Wrist guards, knee pads, elbow pads, and helmet ARE MANDATORY! An email will be sent out with rules and safety protocols. No class 3/27, 4/3, 5/1

Dates	Days	Times	Ages	Fees
8/21 - 8/28	W	3 PM - 4:50 PM	5 - 12	\$231/\$242
9/4 - 9/25	W	3 PM - 5:30 PM	5 - 14	\$281/\$292
10/2 - 11/20	W	3 PM - 5:30 PM	5 - 14	\$281/\$292

## THE SKATESIDE: SKATEBOARD-BEGINNER

The quickest and safest way for beginners to learn how to ride a skateboard. Learn skateboard safety, balance, pushing, turning, and cool tricks. Great for friends and siblings! This is a monthly class that meets at the times listed below. Skatepark is reserved for enrolled students during program time.

Instructor: The Skateside Staff  
Location: Culver City Skate Park

Note :Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY!An email will be sent out with rules and safety protocols.

Dates	Days	Times	Ages	Fees Resident/ Non Resident
6/2 - 6/30	Sundays	9:00AM - 10:20 PM	5 - 15	\$269/\$280
7/7 - 7/28	Sundays	9:00AM - 10:20 PM	5 - 15	\$269/\$280
8/4 - 8/18	Sundays	9:00AM -10:20 PM	5 - 15	\$223/\$233



## THE SKATESIDE -SKATEBOARD- INTERMEDIATE

Take your skills to the next level and learn advanced tricks like how to drop in, how to ollie, and more. Students should be able to navigate the skatepark comfortably and do basic beginner tricks. Great for friends and siblings! This is a monthly class that meets at the times listed below. Skatepark is reserved for enrolled students during program time.

Instructor: The Skateside Staff  
Location: Culver City Skate Park

Note: Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY! An email will be sent out with rules and safety protocols.

Dates	Days	Times	Ages	Fees Resident/ Non Resident
6/2 - 6/30	Sundays	10:30 AM - 11:50 AM	5 - 15	\$269/\$280
7/7 - 7/28	Sundays	10:30 AM - 11:50 AM	5 - 15	\$269/\$280
8/4 - 8/18	Sundays	10:30 AM - 11:50 AM	5 - 15	\$223/\$233



# Summer Camps

## TEEN EXPERIENCE CAMP

Exciting News!!!  
 Space is available in our Teen Experience Camp. This camp offers a variety of activities, programs and excursions for youth going into 7th through 12th grades. Sibling discount available.  
 There will be 9 weeks of camp total.  
 Date: Monday June 17th - Monday August 12th  
 Time: 8:00 am

## EXCURSION GUIDELINES

Participants that sign up for our camps that involve excursions will need to follow these guidelines. \*All trips are subject to change\*

- J4K T-Shirt must be worn
- Closed-Toed shoes for walking safety
- Lunch options for off-site excursions vary based on destination.
- Souvenir / Snack, money is optional, not required (\$20 maximum, staff do not assume responsibility for lost money)

## WHAT TO BRING (SWIMMING)

Campers must be taller than 48 inches to swim at The Plunge. Campers who are not tall enough, or do not wish to swim, will have the option to participate in water activities or games on the field. Please make sure all items below are labelled!

- Swimsuit
- Towel
- Sunscreen
- Backpack or bag



**SUMMER CAMP**

**REGISTRATION BEGINS**  
**MARCH 4 (RESIDENTS)**  
**MARCH 11 (NON-RESIDENTS)**

- FANTASTIC STAFF
- WIDE RANGE OF FUN ACTIVITIES
- OUTDOOR ACTIVITIES

FOR MORE INFORMATION, CONTACT US :  
 310-253-6676 & VISIT  
[WWW.CULVERCITY.ORG/EXPLORE/PARKS-RECREATION/SEASONAL-CAMPS](http://WWW.CULVERCITY.ORG/EXPLORE/PARKS-RECREATION/SEASONAL-CAMPS)

# Intergenerational Recreational Activities



GOLDEN TIGER KUNG FU, FU JOW PAI (BEGINNER)

GOLDEN TIGER KUNG FU, FU JOW PAI (INTERMEDIATE)

This class entails real urban self-defense for kids and adults. This style of Kung Fu is based on the movements and demeanor of an attacking tiger and includes: empty hand forms, weapon forms, and empty hand against weapons forms. The official curriculum promotes fitness, weight control, cardio, stamina, strength, patience, discipline, and stress reduction! Our certified ranking system is recognized worldwide.  
 Instructor: Behnam Kanani  
 Location: Senior Center  
 Material Fee: Uniform T-shirt; \$35 paid directly to the instructor.

Monthly					
Dates	Days	Times	Ages	Fees	
6/4 - 6/27	Tue/Thu	5:45 PM - 7:00 PM	6 +	\$191/\$202	
7/2 - 7/30	Tue/Thu	5:45 PM - 7:00 PM	6 +	\$191/\$202	
8/1 - 8/29	Tue/Thu	5:45 PM - 7:00 PM	6 +	\$191/\$202	
SEASONAL					
Dates	Days	Times	Ages	Fees	
6/4 - 8/29	Tue/Thu	5:45 PM - 7:00 PM	6 +	\$546/\$557	

\* No class 7/4 and 8/1  
 Notes: Required attire: Comfortable black pants, Kung fu or flat heel shoes.



The class entails real urban self-defense for kids and adults. This style of kung fu is based on the movements and demeanor of an attacking tiger and includes: empty hand forms, weapon forms, empty hand against weapon forms. The official curriculum promotes fitness, weight control, cardio, stamina, strength, patience, discipline and stress reduction! Our certified ranking system is recognized worldwide.

Instructor: Behnam Kanani  
 Location: Senior Center Room  
 Material Fee: Uniform T-shirt; \$35 paid directly to the instructor.  
 Notes: Required attire: Comfortable black pants, Kung fu or flat heel shoes.

Dates	Days	Times	Ages	Fees
6/4 - 6/27	Tue/Thu	5:45 PM - 7:00 PM	9 +	\$233/\$244
7/2 - 7/30	Tue/Thu	5:45 PM - 7:00 PM	9 +	\$233/\$244
8/1 - 8/29	Tue/Thu	5:45 PM - 7:00 PM	9 +	\$233/\$244

SEASONAL  
 Dates : 6/4- 8/29 Resident Fee: \$665 /Non Resident Fee: \$679





# Intergenerational Recreational Activities

INTERGENERATIONAL RECREATIONAL ACTIVITIES



## ARISE SELF-DEFENSE: BEGINNER

Monthly Resident: \$21 Non-resident: \$32

Families, Females and Friends will learn self-defense together. How to Block, Hit, Kick, and defend against Attackers and Bullies.

Practice various escape techniques from:

Arm Grabs, Bear Hugs, Choke Holds, Hair Grabs.

\* Family and Friends must include one female.

\* Price per person

Instructor: Andy Pancho, ARISE Staff

Location: Veterans Memorial Building – Iksan Room

Note: Bring Water. Senior citizens are welcome to join.

Dates	Days	Times	Ages
6/1 - 6/29	Saturdays	10:00 AM - 11:00 AM	5 +
7/6 - 7/27	Saturdays	10:00AM - 11:00 AM	5 +
8/3 - 8/31	Saturdays	10:00 AM - 11:00 AM	5 +

No Class : 8/24\*



## ARISE SELF-DEFENSE: INTERMEDIATE

Monthly Resident: \$21 Non-resident: \$32

Families, Females and Friends will learn more advanced self-defense techniques and review the beginner's techniques. Defend and escape against Bullies and Strangers attacking.

Practice advanced techniques to escape from:

Ground Attack, Wrist Grabs, etc.

\* Family and Friends must include one female.

\* Price per person

Instructor: Andy Pancho, ARISE Staff

Location: Veterans Memorial Building – Iksan Room

Note: Prerequisite Beginners class, please bring water.

Dates	Days	Times	Ages
6/1 - 6/29	Saturdays	11:00 AM - 12:00 PM	5 +
7/6 - 7/27	Saturdays	11:00 AM - 12:00 PM	5 +
8/3 - 8/31	Saturdays	11:00 AM - 12:00 PM	5 +

No Class : 8/24\*



## POTTERY - WHEEL THROWING BASIC

Resident: \$312

Non-resident: \$323

Class is designed to provide guidance and encourage the exploration of creating ceramic art using the potter's wheel. Lessons are designed to walk through the fundamental steps to create both functional and artistic projects. Each week builds on the previous week's work. Individuals will create multiple pieces and learn various techniques using wheel, as well as glazing and decorating styles. This class is for beginners and those who are looking to brush up on their throwing process, with individual time for those who are more advanced in their techniques.

Instructor: Jeffrey's Greathouse

Location: El Marino Park Ceramics Hut

Activity #: Basic 39061 & Advance # 39441

Material Fee: \$25 covers the first bag of clay along with the glazes and other materials provided in the class.

Class	Dates	Days	Times	Ages
Basics	7/15- 9/16	Mondays	6:00 PM - 9:00 PM	18+
Advanced	7/18-9/19	Thursdays	6:00 PM - 9:00 PM	18+

Note : Horsehair Fire and final pick up is on Saturday 9/21



# Adult Recreational Activities

## IAIDO - WAY OF THE JAPANESE SWORD

Resident: \$151

Non-resident: \$162

Iaido is the ancient Japanese art of drawing the sword and cutting in a single movement. Originally created for the physical and mental discipline of the Samurai warrior, today this martial art joins together various defensive and offensive sword movements in its training. This class offers basic weapons training in sword and related weapons, to develop a calm mind, better concentration, and physical coordination.

Instructor: Jeff Learned

Location: Teen Center

Activity: 39101

Note: Must meet instructor approval. Testing fees apply for all belt progression.

Dates	Days	Times	Ages	Location
6/5 - 8/28	Wednesdays	7:00 PM - 8:30 PM	18+	Teen Center



ADULT RECREATIONAL ACTIVITIES



# Adult Recreational Activities

## YOGA FROM THE INSIDE OUT

Yoga provides simple tools to build strength, flexibility, and balance in body, mind, and spirit. Stop striving, find ease within difficult poses and emotions, and calm your mind with this gentle practice. Breathe and move more freely; experience deep rest and renewal in a friendly, inclusive environment, whatever your skill level.

Instructor: Tara Kamath  
Location: Senior Center  
Activity #: 39102-39106

Dates	Day	Time	Ages
7/1-9/23	Mondays, Thursdays	6:30 PM - 8:00 PM	18 +

Resident Fee :  
Drop-In: \$20  
Any 6 Classes: \$87 (Can be used for any combination of Monday and Thursday)

Monday Series: \$150

Thursday Series: \$150

Non-Resident Fee :  
Drop-In: \$31 - Any 6 Classes: \$98 (Can be used for any combination of Monday and Thursday)

Monday Series: \$161

Thursday Series: \$161

Note: Please bring a yoga mat, a towel or yoga blanket, and two yoga blocks to class and wear layers (e.g. socks, sweater) for temperature control.



LOOKING TO JOIN AN ADULT LEAGUE?

The Culver City Parks & Recreation Department Presents:  
**Basketball with ZogSports**  
To check out our current league offerings, visit [www.zogsports.com/la/basketball](http://www.zogsports.com/la/basketball)

**MLS**  
The official website of Major League Softball

[www.mlsoftball.com](http://www.mlsoftball.com)

## YOGA FROM THE INSIDE OUT II

The same gentle, inwardly guided practice we use in all Yoga From the Inside Out classes, with a higher level of physical challenge. This class is for those without injuries looking for more strength-building sequences, along with the deep inner benefits of yoga practice.

Instructor: Tara Kamath  
Location: Senior Center  
Activity #: 39102-39106

Dates	Day	Time	Ages
7/1-9/23	Thursdays	6:30 PM - 8:00 PM	18 +

\*No Class 7/4/2024

Resident Fee : \$150

Non-resident fee: \$161

Note: Please bring a yoga mat, a towel or yoga blanket, two yoga

# Adult Recreational Activities

## LET'S GET FIT- FOR BEGINNERS AND SENIORS

Let's Get Fit! is a low-impact dance exercise that includes simple light cardio, strength training and stretching with easy steps and unique choreography. We are a very cheerful and supportive group and would love for you to join! We meet 3 days a week and you can come in on any day and for any part of the class. After the first hour of low impact cardio, there is a 35-40-minute conditioning chair exercise session with tube band/hand-held weights as an optional session for those who want to do more strength training. If you want to only do the chair exercise session, please come to class at 10:30am. We are open for people of any age who want to do light exercises. No experience is needed!

Activity #: 39107-39111  
Instructor: Akiko Miyoshi

Location: Veterans Memorial Building -Garden Room  
Note: Wear athletic shoes and comfortable clothing. Bring a pair of 1-3lbs hand held weights and water for hydration. Exercise mat is optional.

Dates	Days	Times	Ages
6/1 - 8/31	T/TH/SA	9:30 AM - 11:15 AM	21+

Resident Fee: Monthly: \$54 - Any 5 Classes: \$50  
Summer Pass: \$150 \*Can be used at any T/Th/Sa classes and have an expiration date. Please feel free to attend one free trial class before you enroll.

Non-resident fee: Monthly: \$65 - Any 5 Classes: \$61  
Summer Pass: \$164 \*Can be used at any T/Th/Sa classes and have an expiration date. Please feel free to attend one free trial class before you enroll.



## INTRO TO FENCING

Resident: \$78 Non-resident: \$89  
Fencing helps develop balance, agility, reflexes and leg strength. Course is for fencers of all levels. Students are grouped based on their current level of fencing, as determined by the instructors. Instruction will begin with the foil and advanced students may also choose epee or saber. All equipment is supplied for beginners. . Group instruction is done during the first hour and the remaining time is for drills and practice.

Activity #: 39060  
Instructors: Instructor from Salle d' Armes Couturier  
Location: Senior Center  
Equipment Fee: \$20  
Material Fee: USA Fencing Assoc. annual membership (\$29) required (application form given at 1st meeting).

Dates	Days	Times	Ages
4/1-6/27	M /TH	7:45 PM - 9:45 PM	18+

\*No class on Monday 9/2/2024



REGISTER @ [WWW.CULVERCITY.ORG/ACTIVE](http://WWW.CULVERCITY.ORG/ACTIVE) • FOR MORE INFORMATION (310) 253-6650



# Aquatics- Swim Lessons

## YOUTH WEEKDAY SWIM LESSONS - 2 WEEK SESSION

Each 2-week session will meet 2 times a week Monday - Thursday for 30 mins each day.

Session	Dates	Level	Times Offered
1	6/24-7/4	Parent & Me	10:00 am,10:40am,11:20am
2	7/15-7/25		2:00pm
3	8/5-8/16		
1	6/24-7/4	Level 1	10am,10:40am,11:20am
2	7/15-7/25		2:00pm, 2:40pm,3:30pm
3	8/5-8/16		
1	6/24-7/4	Level 2	10: 00 am,10:40am,11:20am
2	7/15-7/25		2:00pm,2:40pm,3:30pm
3	8/5-8/16		
1	6/24-7/4	Level 3	10:00 am,10:40am,11:20am
2	7/15-7/25		2:00pm, 2:40pm,3:30pm
3	8/5-8/16		
1	6/24-7/4	Level 4	10:00 am,10:40am,11:20am
2	7/15-7/25		2:40pm
3	8/5-8/16		
1	6/24-7/4	Level 5	10:00 am,10:40am,11:20am
2	7/15-7/25		3:20pm
3	8/5-8/16		

## YOUTH WEEKEND SWIM LESSONS - 3 WEEK SESSION

Each 3-week session will meet 1 time a week on Saturdays for 50 mins each day. Parent & Me is a 30 min class.

Session	Dates	Level	Times Offered
1	7/6-7/20	Parent & Me	10:00 am,11:00am
2	8/3-8/17		
1	7/6-7/20	Level 1	10:00am,11:00am,1:00 pm,2:00pm
2	8/3-8/17		
1	7/6-7/20	Level 2	10:00am,11:00am,1:00 pm,2:00pm
2	8/3-8/17		
1	7/6-7/20	Level 3	10:00am,11:00am,1:00 pm,2:00pm
2	8/3-8/17		
1	7/6-7/20	Level 4	10:00am, 1:00 pm
2	8/3-8/17		
1	7/6-7/20	Level 5	11:00 am -2:00 pm
2	8/3-8/17		

## YOUTH PRIVATE SWIM LESSONS -3 WEEK SESSION

Each 3-week session will meet 1 time a week on Fridays for 50 mins each day.

Session	Dates	Days	Times Offered
1	7/5-7/19	Fridays	9am,10am,11am 2pm,3pm,4pm
2	8/2-8/16	Fridays	9am,10am,11am 2pm,3pm,4pm

## ADULT EXERCISE - ONGOING

A Low-impact water exercise class in shallow water; ideal for all fitness levels, including non-swimmers, and anyone recovering from injuries. Participation is limited so participants must pre-register.

Days: Monday, Wednesday and Friday  
Time : 9:00 am

## AQUAFIT - SHALLOW WATER AEROBICS

SHALLOW WATER AEROBICS is great for all fitness levels, including the non-swimmers. This low impact class is a segway to toning your body improving your cardiovascular endurance. It's a safe exercise for those who are recovering from minor injuries.

Days : Mondays, Wednesdays, Saturdays  
Time : 10:00 am  
Class length : 55 min

## DEEP WATER - DEEP WATER AEROBICS

If you are an above average exerciser, DEEP WATER AEROBICS is the perfect workout for you. Buoyancy belts are provided for each client. They give you support while moving freely in the water. Hand buoys and noodles are some of the equipment items used to create a well-balanced body exercise.

Days & Time : Monday, Wednesday at 5:00 pm  
Saturdays at 9:00 am  
Class length : 55 min

## STAND UP -AQUAFIT STAND UP

AQUA STAND UP is the best total body workout on an inflatable stand up paddle board. These fun and safe exercises are designed to improve balance, stabilize the core muscle groups, and increase cardiovascular endurance.

Days : Mondays, Wednesdays, Saturdays  
Time : 11:00 am  
Class length : 55 min

## RECREATIONAL SWIM - ONGOING

Happening 7 days a week until August 31st. September 1 – October 27 weekends only! Take a Plunge! Shallow water areas for participants to navigate freely, a deep water play lane and diving boards for those that pass the swim test. We can't wait to have you back! Please remember children under 48 inches tall must be always accompanied by an adult 18 years or older in the water within arm's reach - the adult to child ratio must be 1 to 1.

Days	Times
Mondays - Fridays	12:00 pm-4:00 pm
Saturdays & Sundays	12:00 pm-3:00 pm



# Aquatics- Specialty Programs

## ADULT LESSONS - 2 WEEK SESSION

Each 3-week session will meet 2 times a week on either Monday/ Wednesday or Tuesday/Thursday for 50 mins each day.

Session	Dates	Days	Time
1	6/3- 6/13	Mon/ Wed Tue/Thu	8:00 am or 6:00pm 9:00 am or 6:00pm
2	6/24-7/4	Tue/Thu Mon/Wed	9:00 am or 6:00pm 8:00 am or 6:00pm
3	7/15-7/25	Mon/ Wed Tues/Thu	8:00 am or 6:00pm 9:00 am or 6:00pm
4	8/5-8-15	Tue/Thu Mon/ Wed	9:00 am or 6:00pm 8:00 am or 6:00pm

No Class 7/4\*

## PLUNGE PIRANHA WATER POLO - 3 WEEK SESSION

This 3-week program that meets 5 days a week, is designed to bridge the gap between learn-to-swim and the sport of water polo. The intent is to provide basic skills and understanding of the sport in a recreational format.

Session	Dates	Days	Time
1	6/3- 6/21	Mon-fri	4:00 pm
2	6/24-7/12	Mon-fri	4:00 pm
3	7/15-8/2	Mon-fri	4:00 pm
4	8/5-8/23	Mon-fri	4:00 pm

No Class 7/4 & 8/23\*

## PLUNGE PIRANHA SWIM TEAM - 3 WEEK SESSION

This is a 3-week program that meets 5 days a week. The intent is to improve swimmer technique and build speed, endurance, and strength. Must have passed Red Cross learn to swim level 5.

Session	Dates	Days	Time
1	6/3- 6/21	Mon-fri	5:00 pm
2	6/24-7/12	Mon-fri	5:00 pm
3	7/15-8/2	Mon-fri	5:00 pm
4	8/5-8/23	Mon-fri	5:00 pm

No Class 7/4 & 8/23\*

## JUNIOR LIFEGUARD - 2 WEEK SESSION

A 2-week course designed to give Red Cross Swimmers Level 5 or higher a sneak peek into what it takes to become a lifeguard. Junior Guards concentrate on participants becoming stronger swimmers while also learning some in water rescues, first aid, and CPR.

Session	Dates	Days	Time
1	6/24-7/4	Mon-Thu	5:00 pm - 7:00 pm
2	7/15-7/25	Mon-Thu	5:00 pm - 7:00 pm
3	8/5-8/15	Mon-Thu	5:00 pm - 7:00 pm

No Class 7/4\*



## LAP SWIM- ON GOING

Register for a 55min swim slot. Lap swim is limited to 3 swimmers per lane short course and 6 people per lane for long course. If you have any special requests, or need any accommodations (shallow water, ladder access to the lane, deep water etc.) please inform our staff know upon arrival. Although we will do our best to accommodate them, we cannot guarantee that we will be able to accommodate each request.)Participants 12 and under may sign up for lap swim and must be accompanied by an adult in a 1 to 1 ratio. Youth participants may be asked to take a swim test.

Days	Course	Times
Mondays	Short (25 yards)	6am-9:55am, 11am-1:55pm
Wednesdays		12:00pm-1:55 pm ,4:00pm-5:55pm, 8pm-8:55pm
Tuesdays	Long (50 meters)	5:30am-8:25am
Thursdays	Short(25 yards)	9:00am-1:55 pm, 4:00pm-5:55pm, 8:00pm -8:55 pm
Fridays	Short (25 yards)	6:00am-8:55pm
Saturdays	Short (25 yards)	7:00am-12:55pm
Sundays	Long (50 meters)	8:30am-11:25am
	Short(25 yards)	12:00 pm -2:55 pm

## FAMILY SWIM

Register for a 55min time slot. Family swim will allow for 5-6 swimmers per half lane from the same household in the same lane with all swimmers recreational playing in your half of the lane. \*Lap swim will not be permitted in a family swim lane. All swimmers under 48 inches tall must be accompanied in the water by an adult or guardian 18 years of age or older in a 1 to 1 ratio.

Days	Times
Monday	6:00am-8:55am, 4:00pm-8:55pm
Wednesday	
Tuesday	9:00am-9:55am, 4pm-8:55pm
Thursday	
Friday	6am-8:55am, 10am-11:55am, 4pm-8:55pm
Saturday	7:00am-9:55pm
Sunday	None



## REGISTRATION DATES

Adult lessons, Junior lifeguards, Youth weekday swim lessons.

Session	Residents & Non Residents	Time
1	R: June 17 & NR: June 19	7:00 am
2	R: July 8 & NR: July 10	7:00 am
3	R: July 29 & NR: July 31	7:00 am

Youth weekend swim lessons, Youth private swim lessons.

Session	Residents & Non Residents	Time
1	R: June 24 & NR: June 26	7:00 am
2	R: July 29 & NR: July 31	7:00 am

Plunge piranha water polo, Plunge piranha swim team.

Session	Residents & Non Residents	Time
1	R: May 27 & NR: May 29	7:00 am
2	R: June 17 & June 19	7:00 am
3	R: July 18 & July 10	7:00 am
4	R: July 29 & July 31	7:00 am

### FEES

Class	Session	Mon/ Wed	Tue/ Thu
Adult Lesson	1	R: \$43 NR: \$59	R: \$31 NR: \$42
Adult Lesson	2 & 3	R: \$43 NR: \$59	R: \$43 NR: \$59
Junior Lifeguards	1	R: \$58 NR: \$70	None
Junior Lifeguards	2 & 3	R: \$67 NR: \$80	None
Youth Weekday Swim Lessons	1	R: \$37 NR: \$44	None
Youth Weekday Swim Lessons	2 & 3	R: \$42 NR: \$50	None
Youth Weekend Swim Lessons	1 & 2	R: \$31 NR: \$42	None
Youth Private Swim Lessons	1 & 2	R: \$180 NR: \$235	None
Plunge Piranha Water Polo	1 & 3	R: \$65 NR: \$77.50	None
Plunge Piranha Water Polo	2 & 4	R: \$61 NR: \$72	None
Plunge Piranha Swim Team	1, & 3	R: \$65 NR: \$77.50	None
Plunge Piranha Swim Team	2 & 4	R: \$61 NR: \$72	None

Registration for the below programs are on-going. Every week on Monday (residents) and Wednesday (Non -Residents) at 7am registration opens for the following week.

Class	Adult 18yrs-49 yrs	Youth 13 yrs -17 yrs (Lap swim only)	Youth Under 18yrs	Seniors 50 yrs+	Flat Rate
Adult Exercise	\$2	N/A	N/A	\$1	N/A
AquaFit-Shallow Water	N/A	N/A	N/A	N/A	\$11
AquaFit-Deep Water	N/A	N/A	N/A	N/A	\$12
AquaFit- Stand Up	N/A	N/A	N/A	N/A	\$25
Recreational Swim	\$4	N/A	\$3	\$3	N/A
Lap Swim	\$4	\$3	\$3	\$3	N/A
Family Swim	\$4	N/A	\$3	\$3	N/A

# World's Largest Swim Lesson

THURSDAY JUNE 20TH 2024

**LESSON #1: 5:00 PM    REC SWIM :7:00 PM**  
**LESSON #2: 6:00 PM    DIVE IN MOVIE: 7:30PM**

RESERVATION REQUIRED. SPACE IS LIMITED. REGISTRATION BEGINS 6/10 (6/12 NR)

CULVER CITY MUNICIPAL PLUNGE

MAY 18TH, 2024

12:00PM 3:00PM

REGISTRATION REQUIRED. FOR MORE INFO PLEASE VISIT [CULVERCITY.ORG/ACTIVE](http://CULVERCITY.ORG/ACTIVE) OR CALL 310.253.6680

## PLUNGE COMMUNITY WATER SAFETY DAY

4175 OVERLAND AVE  
CULVER CITY CA 90230

- WATER SAFETY HANDOUTS
- HANDS-ONLY CPR DEMOS
- RECREATIONAL SWIM
- SNOW CONES
- MUSIC AND MORE!



## Culver City Senior Center








**The Center Offers:**

- Classes
- Art Workshops
- Computer Lab
- Support Groups
- Entertainment
- Special Events
- Fitness Room
- Games and More

**Hours:**  
 Monday - Friday:  
 9:00 AM - 5:00 PM  
 Business desk closes at 4 PM.

Saturday - Sunday:  
 12:00 PM - 4:00 PM  
 Business desk closes at 3:30 PM.

**Membership:**  
 Culver City Senior Citizens Association (CCSCA) membership is required to participate in activities and events. Adults ages 50+ must register in person. Culver City residency is not required.

- Membership Dues (Ages 50-89) \$20.00
- Membership Dues (Ages 90+) \$5.00
- Facility Parking Pass \$5.00
- Fitness Room (Calendar Year) \$125.00
- Fitness Room (6 months) \$75.00

**Culver City Senior Center**  
**(310) 253-6700**  
**4095 Overland Ave.**  
**Culver City, CA 90232**  
 Email: [info.seniorcenter@culvercity.org](mailto:info.seniorcenter@culvercity.org)



# CCSCA Classes and Activities at the Senior Center

As members of the CCSCA at the Senior Center, members have the opportunity to participate in any of the classes and activities listed below for a small additional fee (activities with an asterisk require an additional class fee\*) or for free. CHECK OUT OUR WEEKLY CLASS SCHEDULE IN OUR MONTHLY NEWSLETTER!

## FACILITY SPACES AND ACTIVITIES

- Open Computer Lab
- Tuesday & Sunday Movie Showings
- Blood Pressure Checks
- AARP Driver Safety Course

## LANGUAGE CLASSES

- German (meets 1st Monday of the month)
- Beginning Spanish
- Beginning Sign Language
- Intermediate Sign Language
- Advanced Sign Language
- Spanish (meets the last Thursday of the month)
- French (meets the 3rd Thursday of the month)
- German Conversation
- Yiddish Conversation

## LITERATURE

- Reading Short Stories
- Book Club

## MUSIC

- Beginning Ukulele\*
- Intermediate Ukulele\*
- Karaoke
- Monthly concerts
- Music Time Machine (meets the last Friday of the month)
- Music Mends Minds Drum Circle (meets the 2nd Friday of the month)

## SOCIAL GROUPS

- Merry Makers Club (meets the 1st Monday of the month)
- Platicando Sabroso
- Veterans Social Group (meets 1st Tuesday of the month)
- Latin American Group
- Remembranzas
- Yiddish Social Group

## SUPPORT GROUPS

- Special Services for Groups Support Group
- Loss Support Group

## THEATRE

- Improv on the Patio (meets the 4th Tuesday of the month)

## WELLNESS

- Heartfulness Meditation
- Mindfulness Meditation with Resa

## VIRTUAL ACTIVITIES

- Cal Fresh Classes
- Bob Levy, The Music Man
- Music with Michael



# CCSCA Classes and Activities at the Senior Center

As members of the CCSCA at the Senior Center, members have the opportunity to participate in any of the classes and activities listed below for a small additional fee (activities with an asterisk require an additional class fee\*) or for free.



## ARTS AND CRAFTS

- Ceramics\*
- Art with Coco
- Crochet Group
- Watercolor\*
- Fun with Pastels
- Knitting Group
- Kindness Rock Painting

## CARD AND BOARD GAMES

- Bridge, Mah Jong & Pan
- Duplicate Bridge (meets in the Veterans Memorial Building)
- Beginning Mah Jong
- Bingo
- Beginning Chess

## DANCE

- Dancercise\*
- Line Dancing\*
- Hula Dance
- Mind Body Dance\*
- International Folk Dance
- Dance Fit with John



## DISCUSSION

- Genealogy
- Current Events\*
- The Cunning Consumer
- Trivia with Michael
- Adventures with Doug
- Ask the Physical Therapist

## FITNESS

- Zumba Gold\*
- Chair Zumba\*
- Sit N Be Fit\*
- Tai Chi with Anton\*
- Yoga with Phil\*
- Gentle Mat Yoga with Lauren\*
- Tai Chi with Greg
- Walking Group (meets the 1st & 3rd Tuesday of the month)
- Balance Challenge\*
- Chair Yoga with Caroline\*
- Gentle Yoga with Cyndi\*
- Chair Abs & Core
- Chair Yoga with Caroline
- Ping Pong
- Balance Challenge with Marguerite\*
- Fitness Room\*
- Mat Pilates
- Hiking Group





### DISABILITY & SOCIAL SERVICES PROGRAMS

Located at the Senior Center, staff are available Monday through Friday via phone and in-person to residents of all ages to offer assistance with information, referrals, and help on topics such as transportation, counseling, caregiver information, support groups, disability programs, aging resources, low income programs and services, government benefits, abuse reporting, health and medical resources and others. For questions or more information, contact Mike Odunze, Recreation & Community Services Coordinator at Mike.Odunze@culvercity.org or call (310) 253-6716.

### SOCIAL WORK SERVICES FOR SENIORS

The Senior Center has a partnership with Social Service for Groups SILVER (SSG), who specializes in field based case management and behavioral health services. If you or someone you know needs a little extra help, you can speak with an SSG social worker via phone at (213) 553-1800. Website: [www.ssg.org](http://www.ssg.org)

### SENIOR NUTRITION PROGRAM

The Senior Center Nutrition Program provides nutritionally balanced lunches to eligible participants. Join us here at the Culver City Senior Citizen Center for in-person dining Monday-Friday from 11:30 AM-1:00 PM. Call (310) 253-6700 for more information.



JOIN US FOR SOCIALITES DINNERS, DANCES, & EVENTS FOR THE DEVELOPMENTALLY DISABLED! To volunteer or for program information, please contact Mike Odunze at [mike.odunze@culvercity.org](mailto:mike.odunze@culvercity.org)

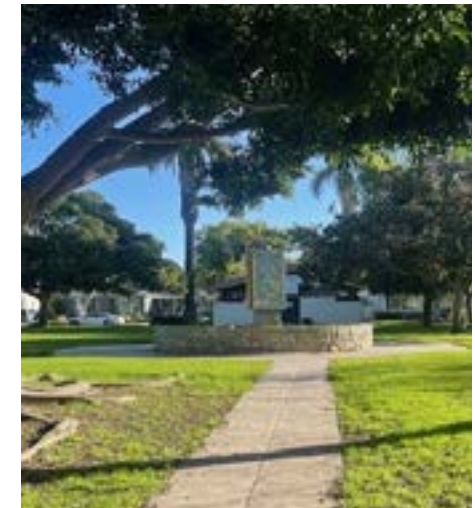


## ----- Carlson Park Braddock Dr. at Motor Ave., Culver City, CA, 90232.



### HISTORY:

Carlson Park is a passive park that covers an area of 2.66 acres located at the intersection of Braddock Drive and Motor Avenue in Culver City, California. Initially develop as a horse racing track and later as an auto raceway, the City Council of the City of Culver City voted in 1927 to dedicate the space to the development of the first park in Culver City. It was named after Dr. Paul Carlson, a former resident of Culver City who was an American physician and medical missionary who served in the Democratic Republic of Congo.



### PARK AMENITIES:

- New Picnic Pavillion
- 6 Rental Field Spaces
- 4 BBQ Grills
- 2 Fireplaces
- Restrooms



REGISTER @ [WWW.CULVERCITY.ORG/ACTIVE](http://WWW.CULVERCITY.ORG/ACTIVE) • FOR MORE INFORMATION (310) 253-6650





# Rental Information - Parks and Park Buildings



## PICNIC AND PARK BUILDING RENTALS

Picnic areas and park building rental requests are available online or in person with a minimum of 14 days advance notice. Rental fees are based on a minimum of 3 hours. Maximum limits vary by location and groups may not exceed the limit. If there is no picnic rental issued for an area when a party shows up to a site, it is then available to the public on a first come first served basis.

### Picnic Rental Process

- Step 1: Visit [www.culvercity.org/permits-rentals](http://www.culvercity.org/permits-rentals) or stop by the Recreation Office at 4117 Overland Ave, Culver City, CA 90230. Mon-Fri: 8:00 AM – 7:00 PM and Sat/Sun: 9:00 AM - 5:00 PM.
- Step 2: You will receive an email once your request has been approved.
- Step 3: Log on to your ActiveNet account to pay your fees or pay in person at the Recreation Office.
- Step 4: Upon payment of your fees your reservation will be complete.
- Step 5: Bring a copy of your permit with you to your picnic site the day of your event.

## MOON BOUNCES, FOOD TRUCKS, GAMING TRUCKS/VENDORS

Moon bounces, food and gaming trucks and vendors are only allowed in designated Culver City parks by special permit. Moon bounces may be a maximum size of 15'X15'. No moon bounces at Carlson Park, Lindberg Park and SK Park Picnic Shelter. A Certificate of Liability Insurance is required from the moon bounce rental company, food truck and/or gaming truck/vendor. Permit will not be issued until after moon bounce, food truck or gaming truck/vendor insurance certificate is received. Insurance must be received no later than 5 business days before permit date. Moon bounce, food truck and/or gaming truck/vendor permit fees are \$32.00 per item.

## RENTAL BLACK OUT DATES -PICNIC AREAS WILL BE OPEN ON A FIRST-COME FIRST-SERVED BASIS



- 1/15/24
- 2/3/24
- 5/12/24
- 5/27/24
- 6/16/24



# Rental Information- VMC



## VMC RENTALS

Let us help you plan your parties, milestone family events, community meetings, recitals, rehearsals, screenings, and private classes. Facility rentals are available seven days a week and, as always, event parking is free. Book your event today! Contact the Registration Office at (310) 253-6650 or email us at [bookVMC@culvercity.org](mailto:bookVMC@culvercity.org) for an appointment to tour Veterans Memorial Building, the Culver City Senior Center, and the Culver City Teen Center to find the room you need.

## REFUND POLICY

There will be no refunds for any cancellations or rescheduling of a rental without 14 days' notice. Refunds requested at least 14 days prior to the rental will be granted less a 15% processing fee.

## VMC HOURLY ROOM RATES

Veterans Memorial Building	NonProfit Resident/Government	Non Profit Non-Resident	Private Party Resident	Private Party Non-Resident	Commercial Resident	Commercial Non-Resident	Damage Deposit	Food Fee
Auditorium	\$172	\$238	\$245	\$274	\$308	\$342	\$520	\$104
Room "A"	\$8	\$12	\$14	\$15	\$20	\$23	\$52	\$10
Room "B"	\$8	\$12	\$14	\$15	\$20	\$23	\$52	\$10
Room "C"	\$8	\$12	\$14	\$15	\$20	\$23	\$52	\$10
Rotunda	\$34	\$50	\$79	\$87	\$113	\$127	\$312	\$26
Garden	\$24	\$34	\$64	\$71	\$110	\$111	\$312	\$26
Kaizuka	\$10	\$16	\$31	\$34	\$47	\$52	\$104	\$15
Uraupan	\$10	\$16	\$31	\$34	\$47	\$52	\$104	\$15
Iksan	\$11	\$17	\$24	\$27	\$31	\$34	\$52	\$16
Multi-purpose	\$26	\$36	\$54	\$60	\$68	\$75	\$312	\$26
Classroom "2"	\$9	\$14	\$17	\$20	\$23	\$25	\$52	\$15
Classroom "3"	\$11	\$17	\$24	\$27	\$31	\$34	\$52	\$15

Teen Center	NonProfit Resident/Government	Non Profit Non-Resident	Private Party Resident	Private Party Non-Resident	Commercial Resident	Commercial Non-Resident	Damage Deposit	Food Fee
Teen Center	\$56	\$80	\$97	\$107	\$121	\$134	\$416	\$104
Classroom "1"	\$10	\$15	\$24	\$26	\$41	\$45	\$52	\$15

CulverCity Senior Center	Non Profit Resident/Government	Non Profit Non-Resident	Private Party Resident	Private Party Non-Resident	Commercial Resident	Commercial Non-Resident	Damage Deposit	Food Fee
Dining Room	\$81	\$89	\$113	\$126	\$134	\$149	\$104	\$26
B45	\$64	\$71	\$85	\$95	\$107	\$119	\$104	\$15
B47	\$64	\$71	\$85	\$95	\$107	\$119	\$104	\$15
C71	\$17	\$18	\$22	\$24	\$27	\$30	\$52	\$15
C73	\$18	\$23	\$29	\$32	\$57	\$63	\$52	\$15
C75	\$18	\$23	\$29	\$32	\$57	\$63	\$52	\$15
C77	\$17	\$18	\$22	\$24	\$27	\$30	\$52	\$15
Crafts Room	\$10	\$15	\$24	\$26	\$41	\$45	\$52	\$15



# Non-Profit Youth Group Directory

## COMMUNITY NON PROFIT YOUTH GROUP DIRECTORY

- AYSO Region 19.....[www.ayso19.com](http://www.ayso19.com)
- Brazil Stars Soccer Club.....[www.instagram.com/brazilstarsoccercl](http://www.instagram.com/brazilstarsoccercl)
- California Youth Sports Federation.....[www.open990.org](http://www.open990.org)
- Culver City Football Club.....[www.culvercityfootballclub.com](http://www.culvercityfootballclub.com)
- Culver City Little League.....[www.culvercitylittleleague.org](http://www.culvercitylittleleague.org)
- Culver City Swim Team Booster - Youth USA Swim Team.....[www.blastswimming.org](http://www.blastswimming.org)
- Edge Americas Sports.....[www.edgeamericassports.com](http://www.edgeamericassports.com)
- One with the Water - Youth Adaptive Swim Lessons.....[www.onewiththewater.org](http://www.onewiththewater.org)
- SCAQ Kids-Youth Lessons and Novice Swim Team.....[www.swim.net](http://www.swim.net)
- United States Youth Volleyball League.....[www.usyvl.org](http://www.usyvl.org)
- USA Dance.....[www.usadance.org](http://www.usadance.org)



## VOLUNTEER OPPORTUNITIES

Culver City has volunteer opportunities available for you! We can provide you with a community volunteer directory with information on more than 80 local service opportunities. It provides questions to think about when applying for a volunteer position, links to general online volunteer databases, resources and specific information about various organizations and companies within Culver City and the local community.

For more information or to sign up, contact Mike Odunze at (310) 253-6716 or email [mike.odunze@culvercity.org](mailto:mike.odunze@culvercity.org)

## RECREATION JOB OPPORTUNITIES



### SENIOR RECREATION LEADER:

\$20.57 - \$22.67 Hourly

The Senior Recreation Leader is the third level in the Recreation Leader series. Classifications in this series organize, lead and participate in the various recreation programs at City parks, playgrounds, day camps, and other community facilities on a part-time basis.

### RECREATION LEADER II

\$17.48 - \$19.27 Hourly

A Recreation Leader II implements and takes the lead on programs, performs more complex work requiring greater skill and often supervises lower level Recreation Leaders. Classifications in this series organize, lead and participate in the various recreation programs at City parks, playgrounds, day camps, and other community facilities on a part-time basis.

Visit [www.culvercity.org/jobopportunities](http://www.culvercity.org/jobopportunities) for the latest info.

# Volunteer & Job Opportunities

**Culver CITY**  
Parks, Recreation & Community Services Department

**SENIOR CITIZEN CENTER VOLUNTEERS NEEDED!**

• Become a Volunteer **TECHNOLOGY ASSISTANT!**

**HIGH SCHOOL STUDENTS NEEDED TO ASSIST SENIORS WITH LEARNING TO USE:**

- Cellphones
- Tablets
- Other Electronics

Students will earn service hour credits that meet graduation requirements.

You can contact Mike Odunze for more information.

- ☎ 310-253-6716
- ✉ [Mike.Odunze@culvercity.org](mailto:Mike.Odunze@culvercity.org)
- 📍 4095 Overland Ave Culver City, CA 90232

**1<sup>ST</sup> WEDNESDAY OF EVERY MONTH**  
3:00PM TO 5:00PM

**NOW HIRING**

**LIFEGUARDS**

**LIFEGUARD**  
\$20.02 - \$21.95 Hourly | Ages 16+

**LIFEGUARD/SWIM INSTRUCTOR**  
\$21.68 - \$23.77 Hourly | Ages 17+

Information subject to change, please scan QR code or go to [www.culvercity.org](http://www.culvercity.org) to apply.

Culver City Municipal Plunge  
4175 Overland Ave.  
Culver City, CA 90230  
(310) 253-6680

[WWW.CULVERCITY.ORG](http://WWW.CULVERCITY.ORG)

## Park Locations and Hours of Operation

- ① Blair Hills Park: 5950 Wrightcrest Dr.
- ② Blanco Park: 5801 Sawtelle Blvd. (310) 253-6681
- ③ Dr. Paul Carlson Park: 10400 Braddock Dr.
- ④ Culver City Park\*: 9910 Jefferson Blvd.
- ⑤ Culver West-Alexander Park: 4162 Wade St. (310) 253-6644
- ⑥ Ivy Substation and Media Park 9070 Venice Blvd.
- ⑦ El Marino Park: 5301 Berryman Ave. (310) 253-6648
- ⑧ Fox Hills Park: 5809 Green Valley Cir.
- ⑨ Lindberg Park: 5401 Rhoda Way (310) 842-8459
- ⑩ Linwood E. Howe Playground: 4100 Irving Pl.  
Open only Sat/Sun from 8:00 AM - 5:00 PM
- ⑪ Paddle Tennis Courts: Culver Blvd & Elenda Ave.  
Open 7 days a week from 8:00 AM - 10:00 PM
- ⑫ Syd Kronenthal Park: 3459 McManus Ave. (310) 839 - 0127
- ⑬ Tellefson Park: 11057 Washington Pl.
- ⑭ Veterans Memorial Park\*\*: 4117 Overland Ave. (310) 253-6650

\* Culver City Park Includes:

- Dog Park: Open 7 days a week from Sunrise to Sunset
- Skate Park: Open 7 days a week from 8:00 AM - 6:00 PM
- Bill Botts Fields
- Fulcrum Ropes Course

\*\* Veterans Memorial Park Includes:

- Municipal Plunge
- Senior Center
- Teen Center
- Veterans Memorial Building



Culver City Park - Bill Botts